

Buckinghamshire Sexual Health Services: Key Guidance for GPs and Nurses

bSHaW is the Buckinghamshire Sexual Health Service provided by Buckinghamshire Healthcare NHS Trust and Terrence Higgins Trust. Phone the single point of access: 0300 303 2880 and/or visit the website for up to date information on campaigns and events, information for parents/carers, blogs, YouTube clips, information for professionals on sexual and reproductive health and an overview of all Buckinghamshire sexual health services <http://www.sexualhealthbucks.nhs.uk>

<p>Sexual health history and risk assessment:</p> <p>What questions should I ask?</p>	<ul style="list-style-type: none"> • When did you last have sex? • Was this a regular partner or a one off and did you use a condom? • If this was a regular partner – how long have you been together? • When did you last have sex with anyone else? • Have your partners been male or female or both? • Have you had partners from abroad - Africa, Asia, Eastern Europe? • Any history of intravenous drug abuse (self or partners)? • Any history of previous sexually transmitted infections (STIs)?
<p>Safeguarding concern including exploitation: child or vulnerable adult</p>	<p>Refer to Buckinghamshire Safeguarding guidance: Children: http://www.bucks-lscb.org.uk/wp-content/uploads/BSCB-Procedures/Referral_Flowchart.pdf Child Sexual Exploitation use the screening tool as a guide to spot the signs http://www.sexualhealthbucks.nhs.uk/professionals Vulnerable adults: http://www.buckinghamshirepartnership.co.uk/safeguarding-adults-board</p>
<p>When should I refer to a specialist sexual health service?</p>	<ul style="list-style-type: none"> • High risk sexual history e.g. men who have sex with men, sex workers and those with multiple sexual partners • Genital ulcers • Recurrent herpes and considering suppression therapy • Positive syphilis and HIV serology • Positive test for gonorrhoea or sexual contact of male and females with symptoms of an STI eg. penile discharge, persistent vaginal discharge • Large and keratinised genital warts, or if the diagnosis is uncertain • Difficult or complex contraception issues • Difficult IUD/IUS or implant removal
<p>Where should I refer?</p>	<ul style="list-style-type: none"> • Asymptomatic patients can self-refer to any bSHaW outreach clinic in Aylesbury, Buckingham, Burnham, Chalfont & Gerrards Cross, Chesham or High Wycombe • Symptomatic patients should be directed to attend a bSHaW clinic at SHAW, Wycombe Hospital or Brookside Clinic, Aylesbury where a walk-in is available most days or patient to make an appointment • Sexual health clinics http://www.sexualhealthbucks.nhs.uk for details of all clinics and to make an appointment : 0300 303 2880 • Heavy menstrual bleeding or menopause HRT coil fittings or removals need to be referred to Intermediate Gynaecology at Chiltern Vale (CV) via a referral form at http://www.sexualhealthbucks.nhs.uk/professionals/ • Difficult removal of sub dermal implants refer to bSHaW on a referral form at http://www.sexualhealthbucks.nhs.uk/professionals/ • Sexual assault – direct to the Solace Sexual Assault Referral Centre at Upton Hospital, Slough or Bletchley Tel: 0845 519 7638
<p>Asymptomatic and between 15 and 24 years?</p>	<p>If sexually active and asymptomatic always offer chlamydia screening to all 15 to 24 year olds or refer them to online testing via www.sexualhealthbucks.nhs.uk – click on the I need a postal chlamydia purple button on the home page</p>
<p>Guidance on STIs for Primary Care</p>	<p>RCGP & BASHH Guidelines (April 2013) http://www.rcgp.org.uk/clinical-and-research/clinical-resources/sexually-transmitted-infections-in-primary-care.aspx</p>
<p>Guidance on HIV for Primary Care</p>	<p>MedFASH guidance (2011) http://www.medfash.org.uk/uploads/files/p17abing1g9t9193h1rsl75uuk53.pdf</p>
<p>Guidance on Contraception for Primary Care</p>	<p>Faculty of Sexual and Reproductive Health (FSRH) clinical guidance for specific contraception http://www.fsrh.org/pages/Clinical_Guidance_2.asp</p>

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