

Aim of the STIF Foundation course

To equip participants with the basic knowledge, skills and attitudes for the diagnosis and management of common sexually transmitted infections (STIs) and to know when and how to refer.

Learning outcomes

Knowledge and Understanding

When you complete your studies for this course, you will have knowledge and understanding of:

- KU1 the principles of service provision for Sexually Transmitted Infections (STIs) and related conditions
- KU2 the issues relating to confidentiality and partner notification
- KU3 the epidemiology and the factors involved in the transmission of STIs
- KU4 how to prevent transmission of STIs
- KU5 common STIs and related conditions, their presentation, diagnosis and management
- KU6 when to refer patients to specialist services

Cognitive Skills

On completion of this course you will have developed the following cognitive skills:

- CS7 able to evaluate the ways in which the lifestyle and circumstances of patients/clients may reflect in their presentation and impact on their management
- CS8 able to analyse how the range of human sexuality, lifestyles and culture impacts on transmission and approaches to prevention and risk reduction
- CS9 able to critically evaluate how personal beliefs and values of the clinician could affect the consultation

Key Skills

When you complete this course, you will be able to:

- KS10 draw on a range of resources to provide evidence-based management to people presenting to your service with sexual and reproductive health needs
- KS11 articulate your contribution to risk reduction and STI prevention in your own service
- KS12 reflect on the essential role of effective partner notification when dealing with an infectious disease
- KS13 demonstrate the importance of confidentiality in consultations involving sexual health

Draft timetable for STIF Foundation 1 and 2

Brookside reception

Draft timetable

Foundation 1: Weds 6th October 8.30am-1pm

| 'FOUNDATION 1' | | | |
|----------------|---|----------------------|---------------------------------------|
| | Introduction to the course | | 8.30am |
| 1.1 | Basics of sexual health: What do we do and why are we here? | | 8.35am-9.10am |
| 1.2 | Sexual History, Recognition of Symptoms & Risk Assessment | | 9.10am-10.10am Break 10.10-10.20am |
| 1.3 | Telemedicine in Sexual Health | Small group workshop | 10.20am-10.40am |
| 1.4 | Routine diagnostic tests and physical examination | | 10.40am-11.10am |
| 1.5 | Partner Notification: why it matters and how to signpost | Small group workshop | 11.10- 11.40am Break 11.40-11.50am |
| 1.6 | HIV – risk assessment, window periods, ways to test | Small group workshop | 11.50am - 12.20pm |
| 1.7 | Sexual Health Promotion, Risk Reduction & Prevention | Small group workshop | 12.20pm-1pm |

Foundation 2: Weds 13th October 8.30am-1pm

| 'FOUNDATION 2' | | | |
|----------------|---|----------------------|---------------------------------------|
| 2.1 | Genital sores | Small group workshop | 8.30am - 9.15am |
| 2.2 | Vaginal discharge | Small group workshop | 9.15am - 10am |
| 2.3 | Young people and sexual health | Small group workshop | 10am – 10.45am Break 10.45am- 11am |
| 2.4 | Male Dysuria | Small group workshop | 11am-11.45am |
| 2.5 | Domestic Abuse, Sexual Assault and Modern Slavery | | 11.45-12.15pm |
| 2.6 | Gay, bisexual, transgender and other MSM | Small group workshop | 12.15pm- 1pm |

Pre-course learning:

The estimated time to complete the sessions is 8–12 hours depending on knowledge and experience.

To get the maximum benefit from the workshops provided by the STI Foundation Theory Course it is highly recommended that delegates study the appropriate e-learning sessions before attending.

STI Foundation Learning Pathway in e-HIVSTI and e-SRH via e-learning for healthcare
(www.e-lfh.org.uk)

e-HIV-STI

1.02 Sexual History

1.14 Partner Notification, When and How?

11.01 HIV Testing

1.12 ** Screening Asymptomatic Patients ****NOTE**** on some systems it is 11-02

1.13 Chlamydia Screening

1.11 Clinical Signs in Genitourinary Medicine

1.08 Male Genital Examination

1.09 Female Genital Examination

5.01 Genital Lumps

5.02 Differential diagnosis of anogenital warts

5.03 Anogenital warts

10.01 Vaginal discharge

4.01 Genital Ulceration - Causes and Investigation

4.09 Initial and Recurrent Episode HSV

1.01 Sexual Behaviour and Infection Risk

1.03 Confidentiality in Sexual Health

e-SRH

e-SRH 10_01 SRH needs of Young People (e-SRH)

Non e-lfh e-learning

Combating CSE (Brook / Department of Health) <http://cse.brook.org.uk/story.html>

